



Appetizer

Sweet Potato and Red Lentil Soup €7.50

Spiced sweet potato and red lentil soup, finished with yoghurt and fresh gremolata.

1.2wheat.7

Ham Hock Terrine €12.25

Slow-cooked ham hock terrine set with pea custard, served with a deep-fried egg and pea velouté.

2wheat.4.7.9

Spanish Style Prawns €12.75

Sizzling prawns in garlic and chili oil, served with warm homemade garlic bread.

1.2wheat.3.7

Deep Fried Brie €12.25

Crispy Wicklow Bán brie with beetroot carpaccio and a balsamic glaze.

2wheat.4.7.9

Tomato Bruschetta €10.75

Warm homemade bread topped with fresh tomato and chive

concassé.

2wheat.7.9

Twice Cooked Crispy Chicken Wings €11.75

Twice-cooked chicken wings tossed in your choice of sticky Asian glaze or sweet BBQ sauce.

12.13

Beef Fillet Carpaccio €12.75

Thinly sliced beef fillet with tomato salsa, watercress, and shaved parmesan.

1.7.9.14

Main Course

6oz Beef Burger  €21.25

Prime Irish beef with baby leaves, white cheddar, beef tomato, smoked streaky bacon, beer-battered onion ring, Ballymaloe relish, served with chips.

2wheat.4.7.9

Sun Dried Tomato Chicken Ballotine €22.50

Chicken wrapped in prosciutto with sun-dried tomato stuffing, pressed sweet potato & courgette, stem broccoli, buttermilk sauce, served with mash.

7.14

Paupiette of Yellow Sole €24.75

Delicate sole wrapped and baked, with Café de Paris butter, asparagus, and samphire, served with mash.

5.7.9.14

8Hour Braised Beef Featherblade  €27.25

Slow-braised beef in rich bourguignon sauce, served with truffle and chive mash.

1.7.14

8oz Striploin Steak  €29.95

Grilled to your liking with burnt onion purée, oyster mushrooms, pepper sauce, served with chips or mash & vegetables.

1.14

As proud members of the Carlow Food Network we are committed to supporting local suppliers

Bangers and Mash  €18.50

Sheehan Meats artisan pork and apple sausages with champ mash and red onion gravy.

2wheat.7.9.14

- 1 Celery 2 Gluten 3 Crustaceans
- 4 Eggs 5 Fish 6 Lupine 7 Milk
- 8 Mollusc 9 Mustard 10 Nuts
- 11 Peanuts 12 Sesame 13 Soya
- 14 Sulphites

Main Course

Fish and Chips €22.50

Beer-battered haddock with minted pea purée, caramelized lemon, tartar sauce, and chips.

2wheat.barley.4.5.7

Vietnamese Ginger & Garlic Duck Stirfry €20.50

Fragrant duck stir-fried with ginger, garlic, and vegetables, served with vermicelli noodles.

12.13

Pasta Alla Sorrento €18.25

Rigatoni in a rich tomato and basil sauce with cherry tomatoes, broccoli, parmesan, and garlic bread.

2wheat.7.14

Thai Red Chicken Curry   €19.25

Aromatic red curry with chicken, sweet potato, and Asian vegetables, served with basmati rice, coriander, and prawn crackers.

Add an option of half rice & half chips for an additional €1.1,3



Vegan



Gluten Free



Vegan Adaptable



Gluten Free Adaptable

Sides

Home-Style Chips €3.90

4.7

Sweet Potato Fries €4.50

4.7

Onion Rings €6.15

2wheat.4.7.14

Mash €3.90

7

Potato Wedges €4.50

Loaded with cheese & garlic €6.80

1.4.7.9

Mixed Vegetables €4.50

7.14